



**Report relating summer school organised by Ho Gent University and held in Uganda in August/September 2017**

**3 Rwandan students attended the Summer School with the help of funding from OT Frontiers.**

**AIM OF THE SUMMER SCHOOL:**

**“IMPROVING QUARITY OF LIFE THROUGH QUARITY OF CARE”**

Summer school training was held at Mountain of Moon University in Fort Portal town, which is a town in the Western Region of Uganda. It is the seat of both Kabarole District and the Toro Kingdom.

Fort Portal is located about 180 km, north-west of Mbarara, the largest city in the Western Region. This is approximately 297 km by road, west of Kampala, Uganda's capital and largest city, on an all-tarmac two-lane highway.

The Summer School consisted of a 2-week program with lectures, visits and group activities designed to give students of different disciplines opportunities to learn how Quality of Care can improve the Quality of Life of different target groups which are:

- persons with an intellectual and/or developmental disability
- young people living with HIV/AIDS
- ageing adults



*The participants*

It is set to foster interdisciplinary and intercultural learning for students within the broad study fields of Health, Nursing, Speech Therapy, Dietetics & Nutrition, Occupational Therapy, Special Needs/Orthopedagogy. This training the trainees were occupational therapy students from Rwanda; nurses, specials needs, speech and

language therapy and occupational therapy students from Belgium; public health and nurses students from Uganda; different teachers from Ho Gent university of Belgium; Mountain of Moon University(MMU) and WKU & IASSID

The Goals of this summer school was to look together:

- How can the Quality of Care for adults with an intellectual and/or developmental disability be improved by a community-based approach?
- How can the Quality of Care for young people living with HIV/AIDS be improved by a community-based approach?
- How can the Quality of Care for ageing adults be improved by a community-based approach?
- How can community-based care promote the Quality of Life of adults with an intellectual and/or developmental disability?
- How can community-based care promote the Quality of Life of young people living with HIV/AIDS?
- How can community-based care promote the Quality of Life of ageing adults?

This summer school, we had lecturing and different sessions on different topics patterning with community visit, where the first introduction was about:

THE INTERNATIONAL ASSOCIATION FOR SCIENTIFIC STUDY FOR INTELLECTUAL AND DEVELOPMENTAL DISABILITIES introduced by Marco Lombardi, Dana Roth and Beit Issie Shapiro

We have seen following topic through group discussion

- 1) Quality of Life and Interdisciplinary Insights on Intellectual and Developmental Disabilities by Jessica De Maeyer, Marco Lombardi, Dana Roth, Beit Issie Shapiro
- 2) Quality of Care Systems in different countries & Working as a health caretaker with (in) Different cultures by Anne-Mie Engelen
- 3) Research Methods for Community development: Participatory Action Research (PAR) by Sofie Vindevogel
- 4) Interdisciplinary Insights on HIV/AIDS
- 5) Interdisciplinary Insight on ageing adult where the elderly are becoming a growing mass across the world, which is a challenge for our society and it is also a problem for the quality of life and quality of care because some where the elderly are being neglected and discriminated

Additionally the participants learnt together culture and interdisciplinary insights on culture differences and communalities in different countries

| Intercultural Differences  | Communalities  |
|--|--|
| Kneeling during greeting especial in Uganda<br>Confidentiality and privacy policies<br>Providing treatment to patient living with HIV/AIDS | Shaking hand<br>Smiling during greeting<br>Stigma to people living with HIV/AIDS and people with intellectual disability |

On support we found that people should be given right support in the right environment according to the personal capacity

During summer school all the participant had the chance of visiting touristic areas like QUEEN ELIBABETH NATIONAL PARK and went on community outreach visits where we have visited

### YAWE HVI AIDS

YAWE FOUNDATION (UGANDA) IRWARRO YOUTH FRIENDLY SERVICES FOR ALL HEALTH SERVICES (YOUTH VOCATION AND TRAINING CENTER)

It is a center helps the community to improve their quality of life through below programs:

- Psychosocial program
- Livelihood and employment skills through skills training
- Income generating activity for the youth through village savings credit association
- Skills development through brass band
- HVI/AIDS and STIs awareness through outreach to school, churches and communities
- Fighting against stigma, isolation from family & friends, scared to be seen at clinics, for people living with HVI/AIDS through creating platform and using social media

### HOLY FAMILY CONVENT (ELDERLY NUN CENTER)

This center helps 37 elderly sisters and sick peoples through different services by improving their quality of life through quality of care where they have other sisters who are responsible for care like cooking, feeding some in their rooms, and doing self-care activities and they do community outreach for mobilization with intention of helping all the elderly people around the center.

### KYANINGA CHILD DEVELOPMENT CENTER

This is a center helps the children living with disability to reach their full potential in their everyday activities through education to develop their skills and reducing social isolation which cause large impact on their quality of life by educating the families and communities the right of people living with disabilities

Therefore, all these centers have challenges of limited support to perform their activities and providing good quality of care for improving quality of life through community based approach

There were also the problems of institutions in some countries concern improving quality of life of all ages living with intellectual or development disabilities

Finally we did presentation on different target group and came up with different advices for reducing stigmatization where it can be achieved through the use of education, adherence to treatment by patients ,self-actualization

More health-workers specialized in taking care are needed to provide quality of care and they need more information so that they can respond to the need of elderly people, living with HIV/AIDS and intellectual disability

The youth should take initiatives to make advocacy for elderly people in their community

**RWANDA OT STUDENTS**